

Quantum Biofeedback  
Sessions



Nutritional Response Testing



Reiki Sessions & Reiki  
Attunements



Personal Diet Consultant

**Heart Song Healing Center Mission**

To educate, encourage and assist others  
in cultivating and strengthening their  
own healing system.



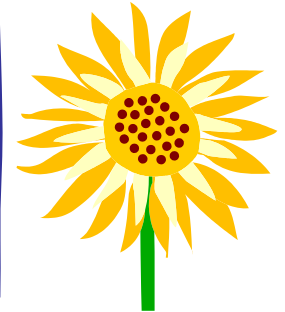
“Using your own innate wisdom and  
incorporating lifestyle changes can  
create a healthy and well life.”  
~ Cheryl Simchick

**Credentials**

B.S. Dietetics, UW Madison  
Certified Biofeedback Specialist  
Reiki Master  
Certified Wellness Coach  
Certified Body Conscious Coach  
ACE Lifestyle & Weight Management  
ACE Personal Trainer

# Heart Song Healing Center

Create a healthy life by strengthening  
your own healing system



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## EPFX/SCIO

### Quantum Biofeedback Sessions

Quantum Biofeedback assists health practitioners to find energetic imbalances. It finds the energetic imbalances of stressors such as viruses, nutritional imbalances, allergies, and food sensitivities by calculating the biological reactivity and resonance in your body.

Quantum Biofeedback measures the energetic imbalances of:

- ❖ Vitamin levels
- ❖ Amino acids
- ❖ Nutrients
- ❖ Toxins
- ❖ Hormone levels
- ❖ Muscle tone
- ❖ Disease
- ❖ Bacteria/Viruses
- ❖ Molds/Fungi
- ❖ Internal Organs

Through the use of this modern biofeedback, the practitioner is able to enhance the body's ability to heal itself.

### Nutritional Response Testing

Nutritional Response Testing is the study of how the different points on the surface of the body relate to the state of health and to the flow of energy in each and every function and organ in the body.

Using muscle testing allows us to individuate if there are any organ or gland weaknesses and what foods and nutrients will benefit you the most. From these results a personalized natural health improvement program can be specifically designed for you.



### Reiki Sessions & Attunements

Reiki is a technique that aids the body in releasing stress and tension by creating deep relaxation. It is a technique for transmitting subtle "spiritually guided life force energy" (Reiki's literal translation) to our self and others through the hands into the human energy system.

A Reiki attunement is an ancient spiritual empowerment where an energetic channel opens in the student in which the Reiki energy can flow from the Source through the student's energy body and out the student's hands.

### Personal Diet Consultant

Looking for assistance with losing weight or eating healthier? I can support you by setting up an individualized healthy eating plan and educating you on good choices for your favorite foods. I will assist you in your goals by helping plan your meals according to your likes and dislikes and will even grocery shop with or for you; setting the stage for your success.



### Fee Structure:



All sessions may be performed at client's home for the session rates, plus an additional \$0.50 a mile from the Shalom House.



Refer a friend & receive a discount!

### Quantum Biofeedback Session

Initial appointment

90 minutes = \$90.00

Wellness Investment = \$60.00/ hr.

5 hours for \$260.00

### Nutritional Response Testing

Initial consult plus 2 follow-up appointments = \$100.00

Additional follow up appointments = \$30.00

### Reiki Session

30 minutes = \$30.00

50 minutes = \$50.00

### Reiki Attunement

1<sup>st</sup> Degree = \$100.00

2<sup>nd</sup> Degree = \$200.00

3<sup>rd</sup> Degree = \$300.00

### Personal Diet Consultant

\$60.00/hr.